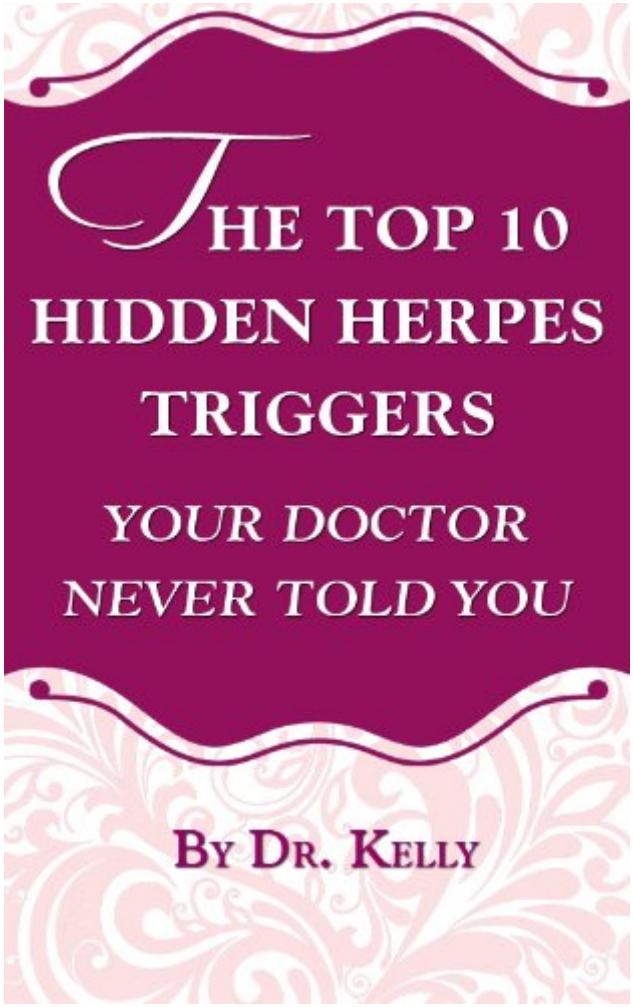
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The Top 10 Hidden Herpes Triggers Your Doctor Never Told You (Living With Herpes Book 5)



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Synopsis

If you want to know how to manage, stop, and prevent herpes outbreaks then Dr. Kelly has information you need to know. The book covers some of the main triggers of herpes outbreaks that you can manage and understand what causes them. Dr. Kelly shares techniques that even helped her have a natural childbirth with herpes, by controlling her symptoms. Scroll up, download the book, and take back your life today.

Book Information

File Size: 403 KB

Print Length: 5 pages

Simultaneous Device Usage: Unlimited

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Sold by:Ã Â Digital Services LLC

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Lending: Not Enabled

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Best Sellers Rank: #1,241,447 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #120 inÃ Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #242 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs

Customer Reviews

I bought this for research for school. Good book, but if u r facing this issue after interviewing some people who are cured. Eat lots of flounder which is loaded with lysine. Change diet and take vitamins and get lots of sleep and u will NEVER have an outbreak. Best to do days of fish only. Prepare WITHOUT seasoning. Drink real green coconut water, the actual fruit(the one in the green shell or white). Get supervision from doc. Too much lysine can hurt u but herpes is afraid of lysine. One of the individuals lived with this disease for many yrs. He also had a blood transfusion, but

some of the others did not have to do it. He did 30 days of fish alone and did a cleanse in between to get rid of toxins. He saw a very good iridologist, herbalist and Dr while on this regimen. He is off the regimen and consumes a small amt because flounder is good for you. Watch your cholesterol levels as well. This regimen is good for All ailments. It is hard to do, but worth it.....u can be herpes free. Your dr do not want u to know that.....

Useful information, but nothing really that can't simply be researched online for free. Good price for a kindle download. -

Dr. Kelly gives a quick, helpful, hard to find list for handling herpes. I find these health tips applicable in multiple situations to maintain health. Thanks!

This booklet offers unheard of suggestions you can work on today and over time to manage outbreaks. Thanks for sharing Dr. Kelly.

Dr kelly gives some excellent, straightforward, tips for managing symptoms which are also applicable to maintaining overall good health and wellness. Well-done !

Very interesting information in easy to read format-Dr. Kelly's really done some great research and it makes sense. I like how she speaks from her own experience.

The book is a total rip of with the writercaught up with her self and desire for a quick sell

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Herpes: HERPES TREATMENT. HERPES CURE.: How to Finally Overcome Herpes and Cure Herpes Forever (Herpes Cure, Herpes Treatment) Herpes: The Ultimate Beginners Guide To Eliminating Herpes: How You Can Overcome Herpes And Finally Enjoy Your Sex Life (Herpes, Cold Sore, How To Cure ... Cure, Genital Herpes, Herpes Simplex,) The Herpes Cure: Permanent Solutions To Treating Herpes (Cold Sore, Genital Herpes Cure, Genital Herpes Book, herpes cure, cure herpes The Herpes Solution: How to Free Yourself of Genital Herpes... for Good! (Genital Herpes Book, Cold sores, genital herpes, genital herpes cure, genital herpes treatment) Herpes: Herpes Cure: Treatments for Genital Herpes and Oral Herpes, Diagnostic Techniques and How to Stay Herpes Free for Life (Health and Fitness Book 2) Herpes: Herpes Cure: A Complete Guide To The Medical And Herbal Treatments For The Herpes Simplex Viruses (Herpes, Gential Herpes, Cure) The Herpes Cure: Ultimate Guide To Herpes Cure And Be Free Of Herpes Forever: Herpes Treatment, Skin Care, Self Care, Free Herpes The Herpes Cure: Obliterate the WorldÃ¢â ¬â„¢s Most Annoying and Exaggerated Virus and Finally Cure Herpes (Second Edition, Developed Life Health and Wellness ... Herpes Prevention, Herpes Cure) Book 1) Secrets The Secret Never Told You;Law of Attraction for Instant Manifestation Miracles: 5 Secrets Never Told on How to Use the Law of Attraction (Law of ... Instant Manifestation Miracles Book Book 2) Herpes Treatment: Prevent Recurring Outbreaks And Heal Herpes Naturally (Herpes Books, Cold Sore, Immune System Boost, Virus Outbreak, Herpes Simplex) The Herpes Cure: Treatments for Genital Herpes and Oral Herpes, Diagnostic Techniques and How to Stay Herpes Free for Life The Greatest Music Stories Never Told: 100 Tales from Music History to Astonish, Bewilder, and Stupefy (The Greatest Stories Never Told) Herpes Free Guarantee: How I Got Rid Of Herpes Completely Without The Use Of Drugs. Follow These Simple Steps You Can Be Herpes Free Herpes Free Guarantee: How I Got Rid Of Herpes Completely Without The Use Of Drugs. Follow These Simple Steps And You Can Be Herpes Free (Cold Sore, Skin ... Simplex, Sexually Transmitted Disease, STD)

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